

**Agreement for low cost therapy**

All material from the sessions is kept strictly confidential. Your trainee counsellor may discuss their work with you with their supervisor (it is an ethical requirement for all psychotherapists to be in supervision), and their supervisor is also bound by this confidentiality. If they felt concerned that you were at significant risk of causing harm to yourself or to another during the course of your work together, your counsellor in training might consider a need to break confidentiality. They would always talk to you about this before doing so.

Please come at the given time, otherwise they may not be available and therefore unable to answer the buzzer or video call. Sessions are fifty minutes.

We have a 48 hour cancellation policy. This allows us to fit someone else into your slot. If you cancel less than 48 hours before your session, even if it is due to illness or other unforeseen circumstances, we will have to charge for the session.

Niklas is UKCP, BPS and RAPPS accredited, and HCPC registered. The counsellor in training will be registered with NCS, BACP or UKCP. The complaints procedure is available at serning.com

Please fill in your contact details below. Also, please fill in the name of your GP and the name of your GP surgery.

Your name: \_\_\_\_\_

Your address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

GP name: \_\_\_\_\_

GP surgery: \_\_\_\_\_

\_\_\_\_\_  
Your signature

\_\_\_\_\_  
Date