



Dr Niklas Serning
Registered Supervisor (BPS – RAPPS)
Existential and Child Psychotherapist (UKCP)
Chartered Counselling Psychologist (BPS - HCPC)

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Agreement for therapy

All material from our sessions is kept strictly confidential. I may discuss my work with you with my supervisor (it is an ethical requirement for all psychotherapists to be in supervision), and my supervisor is also bound by this confidentiality. If I felt concerned that you were at significant risk of causing harm to yourself or to another during the course of our work together, I might consider a need to break confidentiality. I would always talk to you about this before doing so.

Please come at the given time, otherwise I may not be available and therefore unable to answer the buzzer. Sessions are fifty minutes.

I have a 48 hour cancellation policy. This allows me to fit someone else into your slot, or unbook the room. If you cancel less than 48 hours before your session, I will have to charge for the session.

I'm UKCP, BPS and RAPPS accredited, and HCPC registered. I abide by these organisations' codes of ethics, complaint procedures and confidentiality policies, please see my website for links to them.

Please fill in your contact details – address, email and telephone below. Also, please fill in the name of your GP and the name of your GP surgery.

Your address: _____

Telephone: _____

Email: _____

GP name: _____

GP surgery: _____

Your signature

Date