

Niklas Serning, Date of birth: 8th of June 1971
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Current positions:

- **Counsellor with Bristol University Counselling Service and Off the Record Youth Counselling Bristol. Placement Jan 2008 - ongoing.**

Education:

- **Doctor of Psychology in Counselling Psychology & Psychotherapy.**
NSPC Middlesex University Joint Program, accredited BPS Psychologist & UKCP Psychotherapist Existential training, Oct 2007 - Jun 2010 (ongoing)
- **Somatic Treatment of Traumatization, London, 2007 - 2008.**
Trained by Babette Rothschild, internationally acclaimed expert on traumatization, to identify and treat Post Traumatic Stress Disorder and Post Traumatic Stress.
- **Combat Medic, Swedish Armed Forces.**
Trained to treat emergency physical and psychological trauma.
- **Psychotherapist, foundation and year one, Karuna Institute.**
Psychotherapist training associated with Middlesex University. UKCP Accredited training. October 2005 - July 2007
- **United Nations trainings.**
Disaster Management Training Program-accredited Conflict Transformation & Post War Reconstruction course as well as UN Civil Military Coordination training (OCHA, Geneva), both general and staff level courses. UN Security (Basic & Advanced) cleared.
- **M Sc. Psychology**
Training focused on youth attachment strategies. Thesis with honors. Uppsala University, Uppsala, Sweden. June 1998
- **B Sc. Psychology**
Training included CBT, Psychodynamic methods and Psychopathology. Thesis with honors. Stockholm University, Stockholm, Sweden. June 1997
- **Swedish High School Diploma.**
Social Studies Program, GPA 4.9 on a five-level scale. May 1991
- **US High School Diploma.**
Honors, GPA 3.9 on a four-level scale. Jun 1989

Background:

I did my basic psychology training in Sweden (BSc & MSc). My continued training started with Karuna Institute and continued at New School of Psychotherapy and Counselling in London where my doctoral program is ongoing.

I worked for the United Nations for five years between my basic and continued psychology training, and find my UN experience of conflict resolution and emergency management useful in my counselling of young adults at Bristol University and OTR.

Professional Experience:

- Acting Head of Office, UN OCHA Eritrea (During Somalia - Ethiopia crisis). December 2006 - January 2007
- Head of Office, UN Elections, Nimroz, Kandahar, South Afghanistan. April 2005 - November 2005
- Provincial Logistics Coordinator, UNOPS Electoral Division, Badghis Province, West Afghanistan. January 2005 - March 2005
- Program Officer - UNFPA Humanitarian Response, Sri Lanka. July 2003 - December 2004
- Visiting Lecturer, Psychology Department, Peradeniya University, Sri Lanka. October 2002 - April 2003
- Operations Manager, UNDP Civic Education East Timor. Jan 2002 - October 2002
- Operations Manager, Civic Education, United Nations Transitional Administration in East Timor, May - Nov 2001
- Core trainer, then Sector Support Coordinator for Civil Registration, United Nations Transitional Administration in East Timor, Jan - May 2001
- Researcher and Journalist, Morefriends International, Jan - June 2000
- Head of Media and Information, member of Swedish board and International Representative, Peace Brigades International Sweden, Jan 1999 - Jun 2000

Languages:

- English and Swedish - fully bilingual.
- French, German and Tetum - working knowledge.

References:

- Available on request.